

USE IT UP™

SAVE FOOD  SAVE MONEY
SAVE THE PLANET

 OZHARVEST

TZATZIKI DIP



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Prep time



Cook time



Serves

NEED

1/2 cup of yogurt

1/2 cucumber

1 tsp lemon juice

1 tsp olive oil

Any veggies to
serve (we've used
carrot, cucumber
and celery)

Salt & Pepper

A simple and tasty dip to use up any extra yogurt or veggies you have in your fridge.

HOW

1. Finely dice the cucumber.
2. Place cucumber in a bowl with yogurt, salt, pepper, lemon juice and olive oil in a bowl. Mix well.
3. Slice carrot, cucumber and celery into sticks.
4. Enjoy!

A Recipe by



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