

**USE IT UP™**

 **COOK ME**

 **OZHARVEST**

**ROAST CHICKEN QUESADILLA**



# ROAST CHICKEN QUESADILLA



Prep Time



Cooking Time



Serves

A recipe by OzHarvest

## NEED

2 cups leftover roast chicken (shredded)

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4 wraps

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1 cup of cherry tomatoes (or a can of diced tomatoes)

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½ cup black beans (optional)

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1 tbsp of chilli paste (optional)

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4 spring onions (optional)

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A handful of cheese

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1 tbsp cooking oil

A quick and easy recipe to use up leftover roast chicken or turkey. These are sure to be a hit with kids!

## HOW

1. Puree tomatoes and chilli paste with a stick blender.
2. In a pan, fry spring onion with oil until soft then add in the tomato mixture, chicken and beans cooking until the sauce becomes thick.
3. In a fresh pan, place a wrap on medium heat until slightly browned but not crispy.
4. On one side of the wrap scatter cheese and top with the tomato/chicken mixture.
5. Fold the wrap in half to make a sandwich. Toast until golden on both sides. Remove from pan & cut in half.
6. Enjoy!



**SAVE FOOD.  
SAVE MONEY.  
SAVE THE PLANET.**